

# AUGUST 10TH 2023 NETWORKING CALL



**Rapid Resource  
for Families**

# Agenda

## FFA- GAILE OSBORNE

Feedback & results from Statewide Survey of Resource Parents

## IAFT UPDATES

Training, Program Integrity, Referrals

## PRTF TO IAFT PILOT UPDATES & VIDEOS

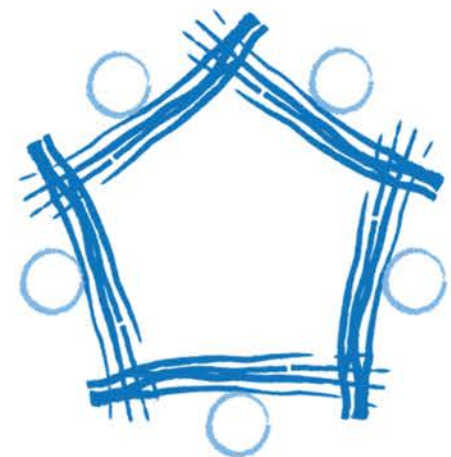
Updates to program success within the Pilot program and Youth "pick me" video

## OPEN DISCUSSION-PLACEMENTS AND IAFT CENSUS

Which placement barriers can we remove, what solutions are needed to increase placements? Tied to our RCT we are interested why placements are on the decline

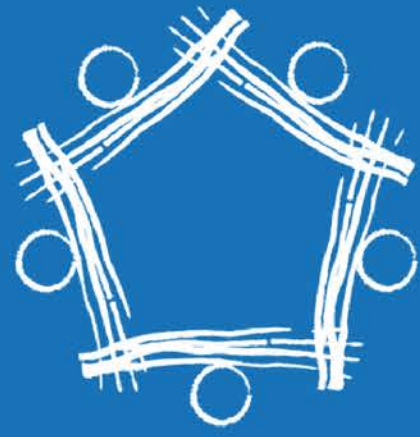
# Foster Family Alliance of North Carolina

*The voice of the foster, kinship and adoptive caregivers*



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Family  
Alliance  
*of North Carolina*

Gaile Osborne  
Executive Director



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## What we do

Foster Family Alliance of North Carolina is a FAMILY-LED, non-profit organization supporting children and youth served through the foster care system and the dedicated families and professionals that care for them.



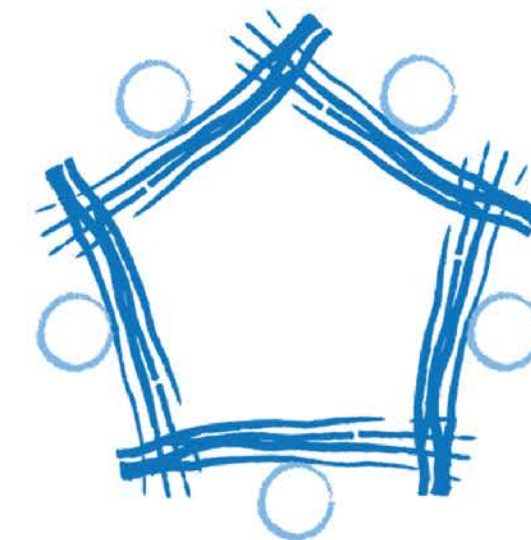
# What was the process to design?

- Funded through FFA-NC's finances not connected to any contract or donation
- Met with Family and Children's Resource Program at UNC School of SW
- Created 6 listening/focus groups to ask a list of questions that would help design the questions for the Assessment
- FCRP designed the study, shared internally, reworded, and asked the NCDHHS partners to give feedback



# What's included in the Needs Assessment?

- Satisfaction
- Licensing Timelines/Process
- Historical information such as how long, how many, etc
- Needs
- Reasons you became a resource parent
- TIPPS-MAPS/Deciding Together/Caring for Our Own
- Court involvement
- County or private provider licensed
- Recruitment ideas (incentives, support, process, etc)
- Retention ideas (support, incentives, respite, etc.)



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# What were the logistics of the Needs Assessment?

- Launched 4/5/2023
- Have until 4/23/2023 to complete
- Goal of 100 counties represented in assessment
- Expected 250 or less
- Draft/Final released in July 2023
- Full report will not be released until Oct 2023



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# Top Reasons for Becoming a Resource Parent



- To help children
- To give back or serve my community
- As a pathway to adoption
- To advocate for and support families



# What recruitment message(s) helped you to decide to become a resource parent?



- Stories about foster families
- Messages about helping children
- “Foster to Adopt”
- Word of mouth

# What types of strategies would help recruit more resource parents?



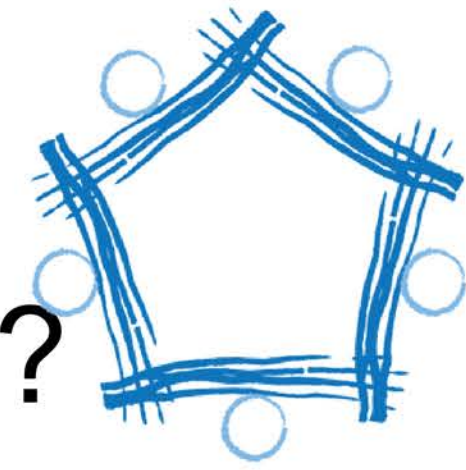
- More realistic stories of resource families including diversity
- Success stories of resource families
- Using community groups or faith-based communities for recruitment
- Recruitment efforts led by resource parents

Based on your experiences, what are the best parts about being a resource parent?



- Relationships with children
- It's emotionally rewarding (experiences of gratitude, joy, love)
- Helping people
- "A-ha moments" -- seeing children or families grow

Based on your experiences, what are the hardest parts about being a resource parent?



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- Child behavioral issues
- Inconsistent policies and/or expectations
- Grieving the end of placements
- Feeling disrespected or unvalued

# What motivates you to maintain a challenging placement?



- Support from social workers (e.g., availability, responsiveness, emotional support, encouragement, reassurance)
- Access to specialized services (e.g., psychologist, psychiatrist, physical therapy, occupational therapy, daycare, summer camps)
- Emotional connection with the child
- Support from friends, family, or community

# What are the top reasons someone would stop being a resource parent?



- Feeling disrespected or unvalued
- Child behavioral issues
- Inconsistent policies and/or expectations
- Grieving the end of placements
- Relationships with child welfare professionals

# How important are the following supports for resource parents?



- Access to mental health support for children
- Medical services
- Support from social worker/agency

# What ongoing training topics would be most useful for you as a resource parent?



- Behavior management
- Trauma-informed parenting
- Mental/behavioral health
- Identifying and accessing resources
- Shared parenting/maintaining connections
- Intellectual and developmental disabilities



# Discussion #1



What is one thing that stuck out to you from the Needs Assessment?

## Discussion #2

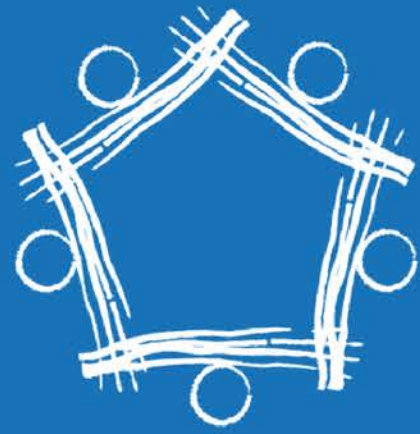


Are there changes you could implement to better support your foster parents?

# Communication and Professionalism



What ways can you as an agency support your families through better communication and professional relationships?



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## How to contact us?

Our website: [www.ffa-nc.org](http://www.ffa-nc.org)

Our email: [info@ffa-nc.org](mailto:info@ffa-nc.org)

Executive Director:

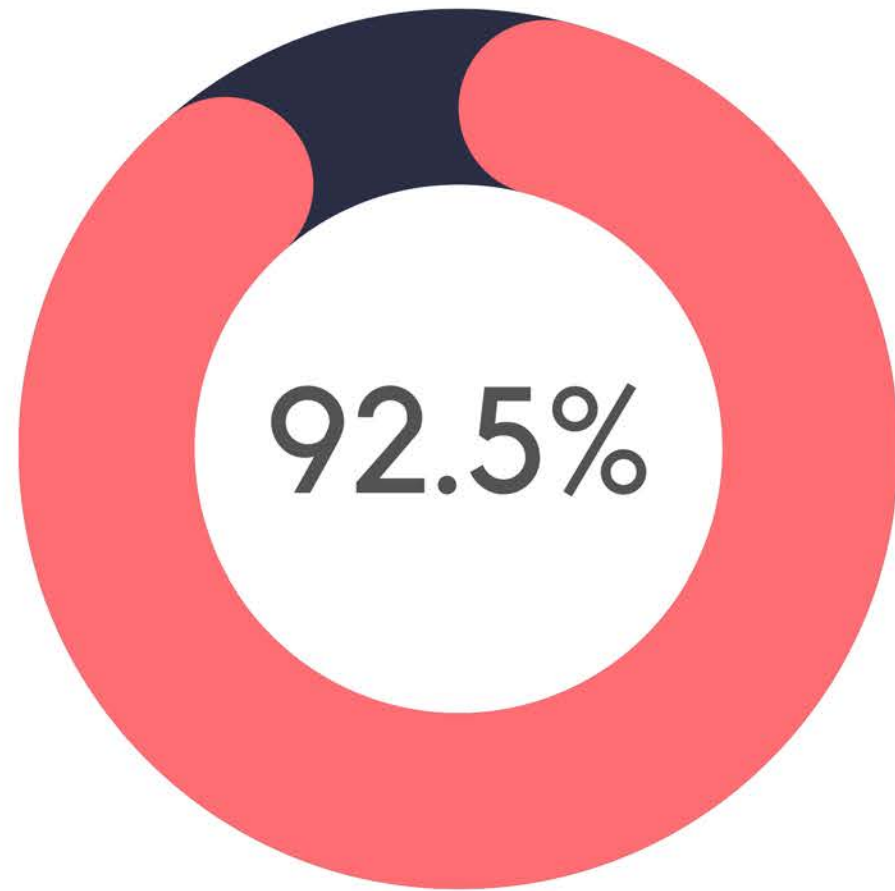
Gaile Osborne: [gaile.osborne@ffa-nc.org](mailto:gaile.osborne@ffa-nc.org) (828) 707-0357

Deputy Director:

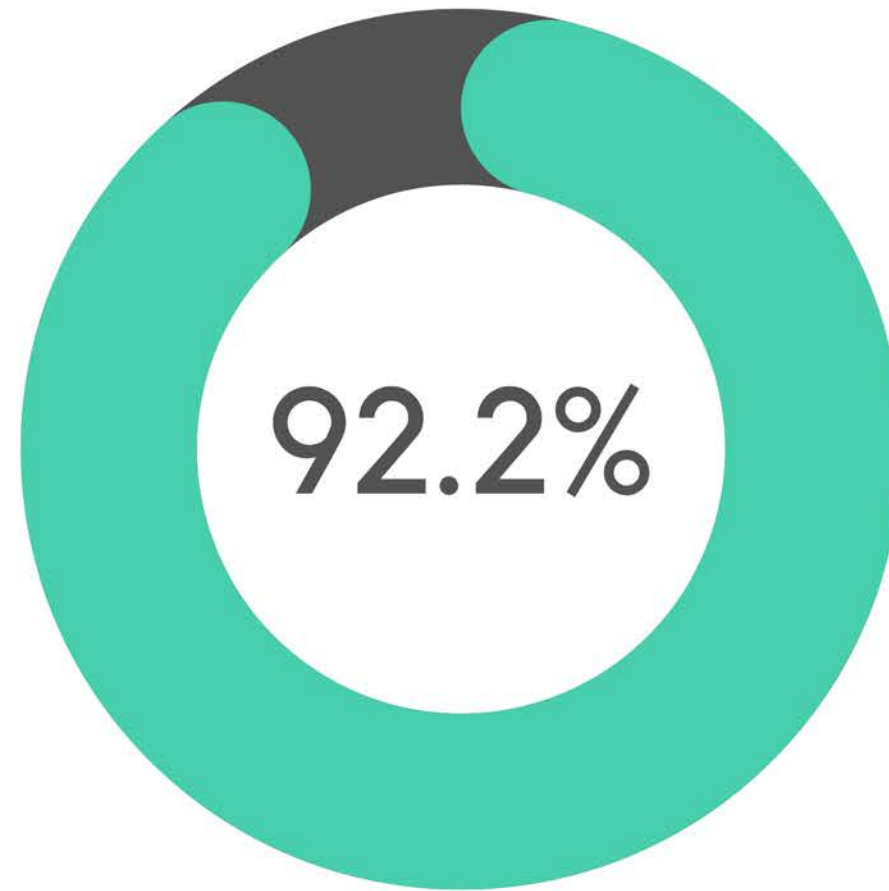
Kate Schultz [kate.schultz@ffa-nc.org](mailto:kate.schultz@ffa-nc.org) (919)801-5717



# 2023 Q2 IAFT PROGRAM REVIEWS



OVERALL NETWORK SCORE FOR  
2023 Q1



OVERALL NETWORK SCORE  
FOR 2023 Q2

202 Total Charts Reviewed  
(123 Data Only / 79 Elements + Data)

Based on feedback and ongoing Model improvement the PIT, is instituting a new formula to calculate file pull based on previous Quarter Scores for an agency

Score is greater than > 95 = 30%  
> 90 = 40%  
> 85 = 50%



# SUMMARY REPORT

- Youth are engaged in activities to promote normalcy. One youth is even engaged in a program to tutor younger kids!

## Overall Trends–Highlights & Praise

- A lot of good work toward permanence is being documented, with several youth moving closer to adoption or reunification
  - CGAS timeliness is improving.
  - Respite is being documented more clearly and used regularly.
- Overall, documentation is improving across the board. We are more clearly seeing the stories of the youth.

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## Overall Trends – Areas for Improvement

- **Late or Incomplete Data in CCW – Especially on Daily Behavior Checklists and Psychiatric Oversight**
- **Continued concerns about virtual therapy and Tx Parent supervision, without appropriate Hybrid Approval.**



# ELEMENT OF THE QUARTER: PSYCHIATRIC OVERSIGHT

The intent of psychiatric oversight is to engage (and document) conversations with the IAFT Team, the youth, and their supports. •RRFF will be able to share this data with providers and MCOs through regular reports and Dashboards (under development)

•Accurate collection of the data / documentation of the psychiatric oversight staffing helps RRFF to track outcomes of youth's:

- Mental / behavioral health
  - Physical Health
- Social Determinates of health
  - Risk of disruption



- Encourages a HOLISTIC APPROACH
- Not just about medication
- Social Determinants of Health
- Health Effectiveness Data & Information Set (HEDIS)
- Predict Outcomes



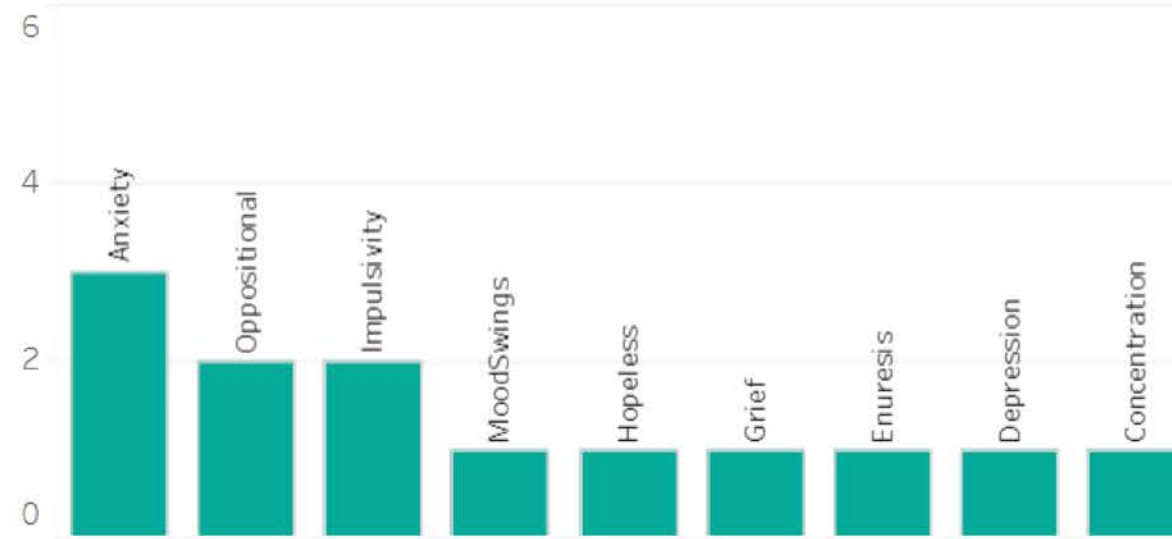
Staffing of these items with the psychiatric provider gives the team a more thorough insight into the overall needs and progress of the youth.

The information you complete in CCW translates to Tableau which you will have access to this next quarter to utilize in monthly/weekly staffings or as you see fit

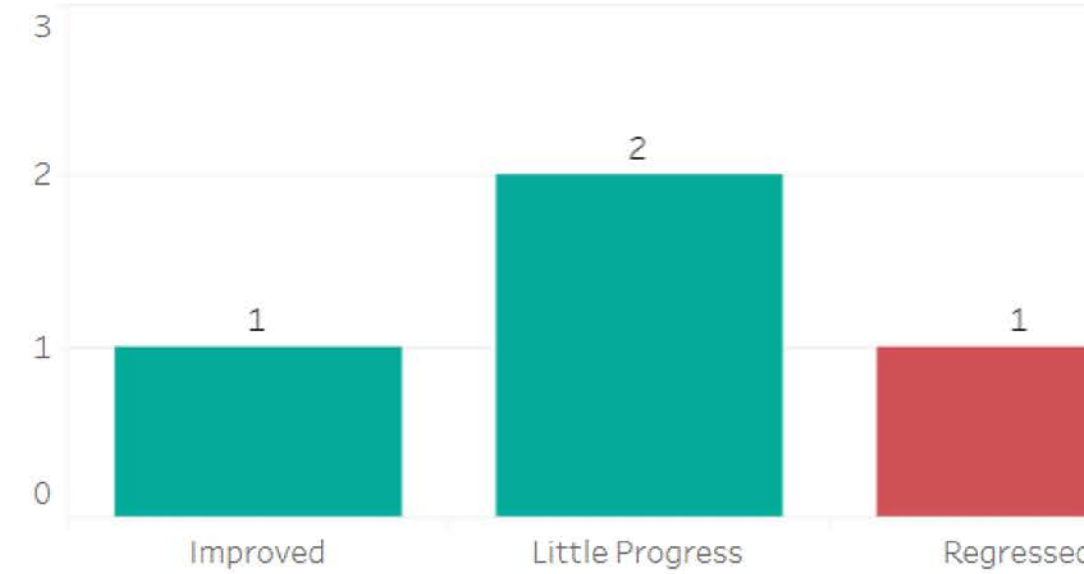
Psychiatric Oversight - Home

- Treatment Characteristics
- Diagnoses & Medications
- Disruption Potential
- Routine Health Metrics

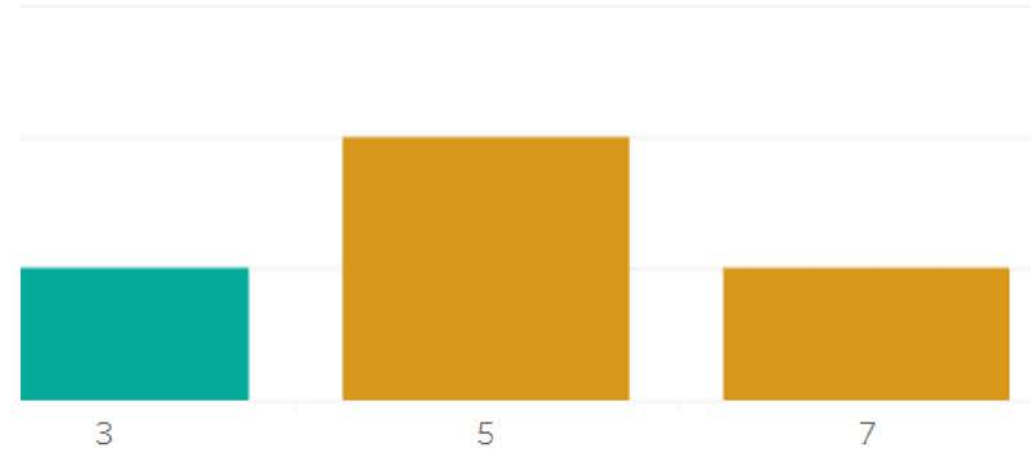
Focus of Treatment



Progress on Goals



ACE Scores



Resilience Factors



Section One: complete each mo

Date of Oversight: 2/3/2023

Progress in Treatment: Improved

Carolina is doing much better this month, she has experienced more mood swings

Current Focus of treatment: Check all that apply:

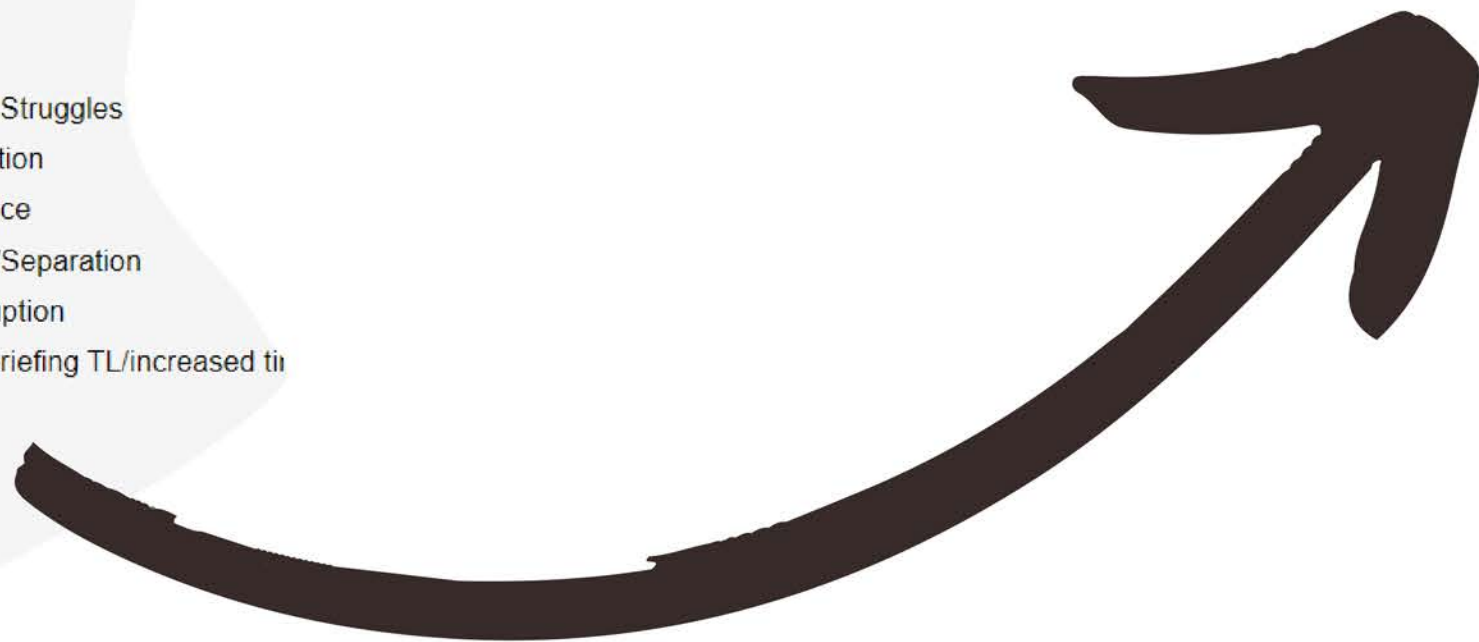
|  |  |
|--|--|
| <input type="checkbox"/> None currently  | <input type="checkbox"/> Adjustment to placement                           |
| <input type="checkbox"/> Possible trauma triggers present                            | <input type="checkbox"/> Anger Management Issues                           |
| <input type="checkbox"/> Aggressive Behavior - Verbal Aggressive Behavior - Physical | <input type="checkbox"/> Anxiety   |
| <input type="checkbox"/> Damaging Property   | <input type="checkbox"/> Decreased Energy                                  |
| <input type="checkbox"/> Depression  | <input type="checkbox"/> Hallucinations                                    |
| <input type="checkbox"/> Hopelessness/ Helplessness                                  | <input type="checkbox"/> Hyperactivity                                     |
| <input type="checkbox"/> Impulsivity Insight/Judgment Problem                        | <input checked="" type="checkbox"/> Gender Identity Struggles              |
| <input type="checkbox"/> Oppositional/Defiant  | <input type="checkbox"/> Poor Concentration                                |
| <input checked="" type="checkbox"/> Mood Swings                                      | <input type="checkbox"/> Sleep Disturbance                                 |
| <input type="checkbox"/> Somatic Complaints  | <input type="checkbox"/> Traumatic Grief/Separation                        |
| <input type="checkbox"/> Enuresis/encopresis   | <input type="checkbox"/> Placement disruption                              |
| <input type="checkbox"/> Preparing for discharge/transition                          | <input type="checkbox"/> Preparation/debriefing TL/increased ti permanence |

Other: \_\_\_\_\_

Disruption Potential:  No  Yes  N/A

(Contributing factors to placement instability)

Youth-Tr





# Psychiatric Oversight - Disruption Potential

For any

## Navigation

[Return to IAFT Dashboard](#)

[Psychiatric Oversight - Home](#)

[Treatment Characteristics](#)

[Diagnoses & Medications](#)

[Disruption Potential](#)

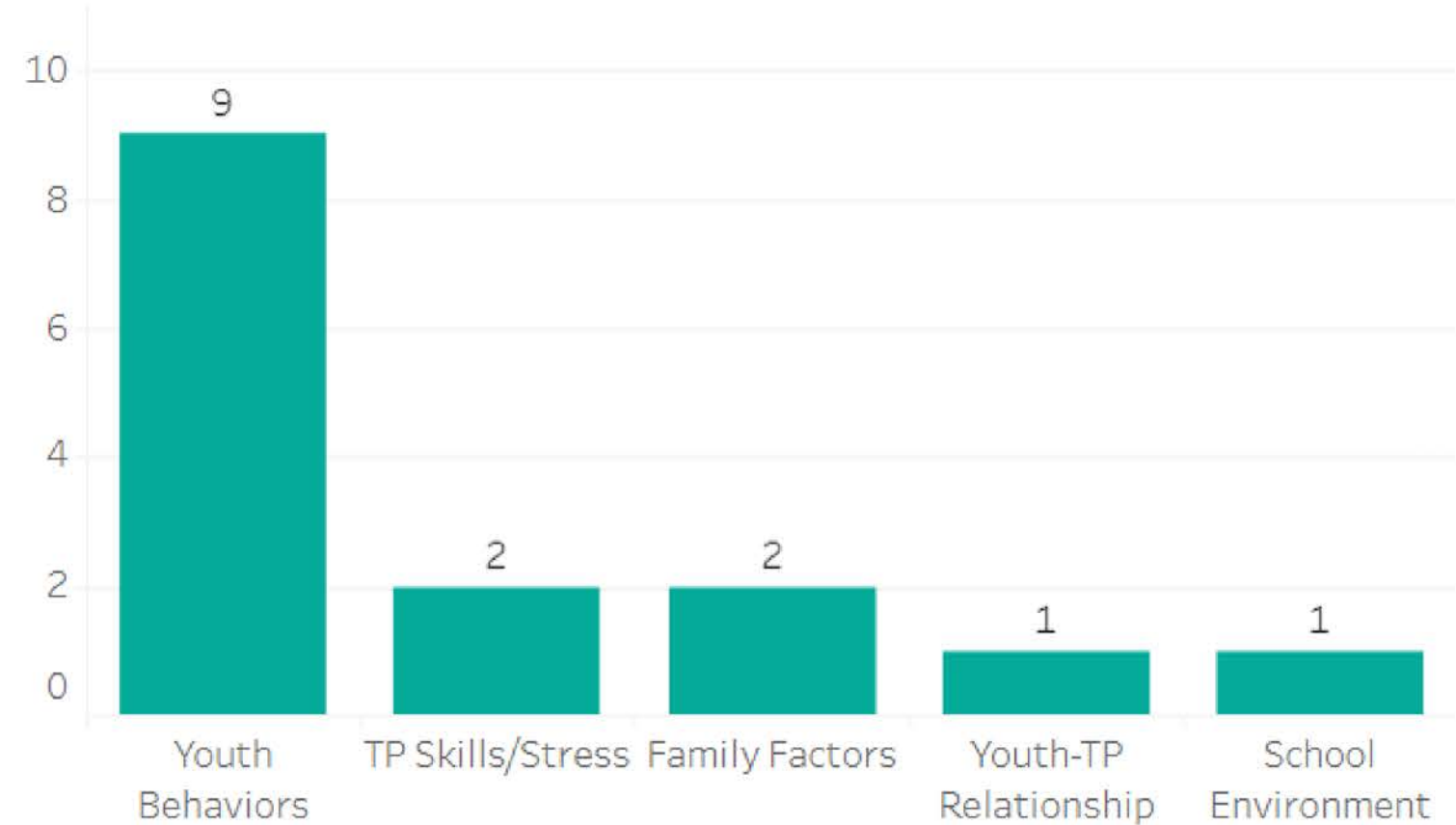
[Routine Health Metrics](#)

## Disruption Potential



**8** of **149** youth with completed oversight records were considered to have potential for disruption in **June 2023**

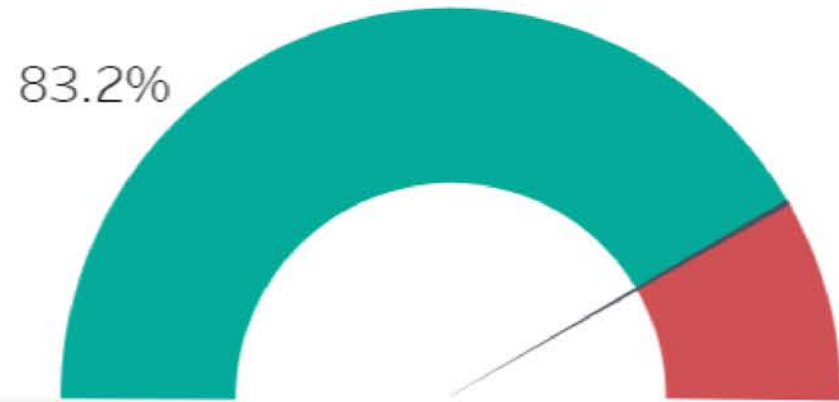
## Contributing Factors



## Flagged Cases

| Ref ID | Full Name | MCO | Agency | Contributing Factors |
|--------|-----------|-----|--------|----------------------|
|--------|-----------|-----|--------|----------------------|

## Psychiatric Oversight - Home



149 of 179 cases had a completed psychiatric oversight record in June 2023

See Incomplete Cases



For any

## Incomplete Psych oversights (forms)

-You will be able to click on the "Incomplete Cases" to see missing files

\*due to admissions and discharges this may not always be 100%\*\*

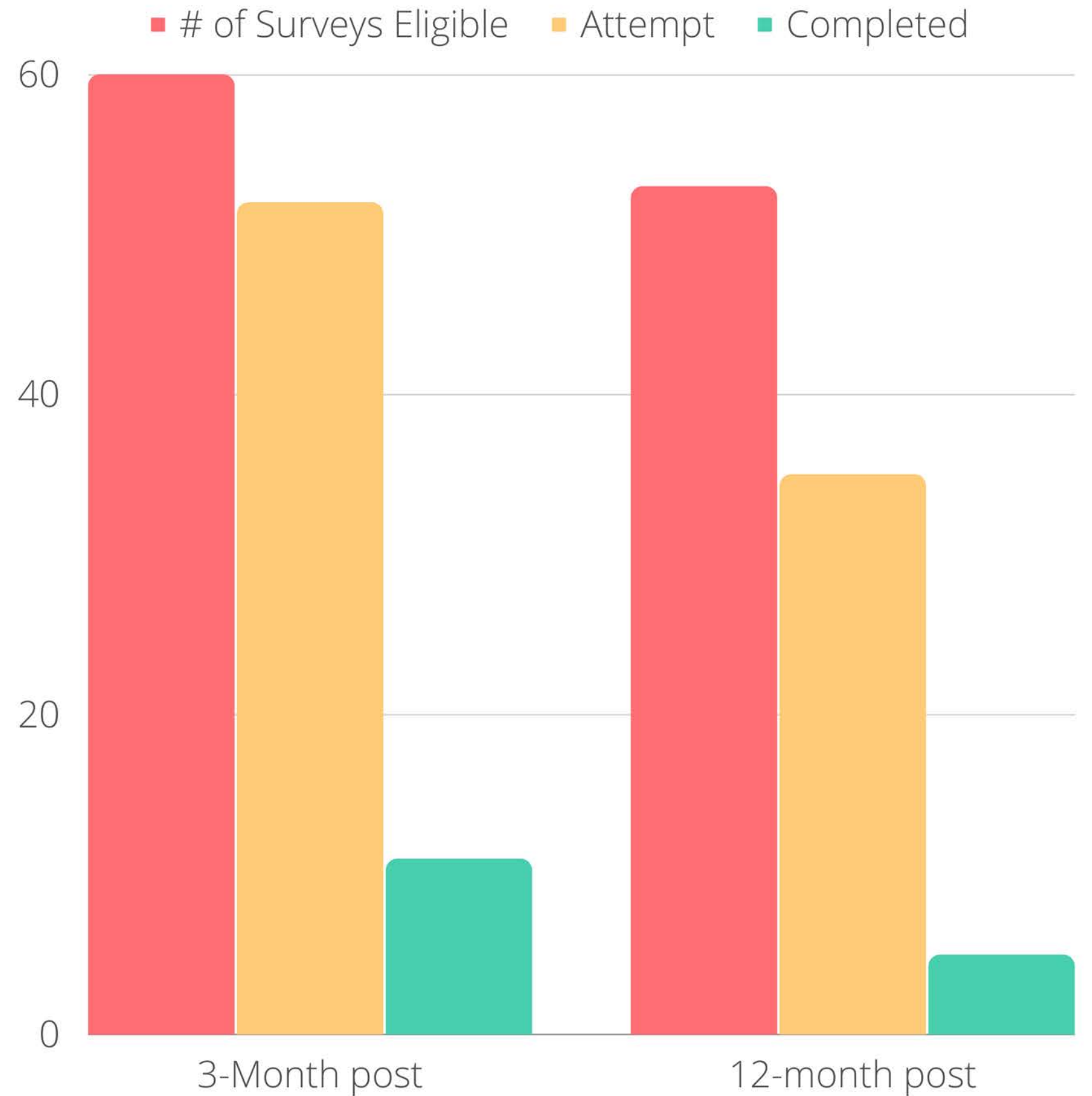
# FOLLOW UP SURVEY DATA REVIEW

Follow-Up Surveys are completed at intervals of 3 and 12 months post discharge.

A VALID Discharge Consent is required for the Program Integrity Consultants to complete follow-up surveys

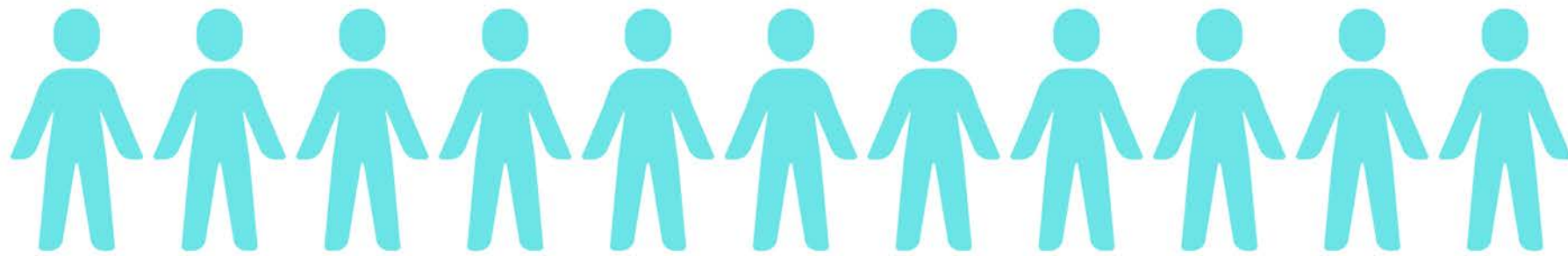
Due to invalid or missing discharge consents, Program Integrity has been unable to complete approximate 25% of scheduled surveys for 2023

Of those with consents, the response rate has been 20% for 3-month and 10% for 12-month.

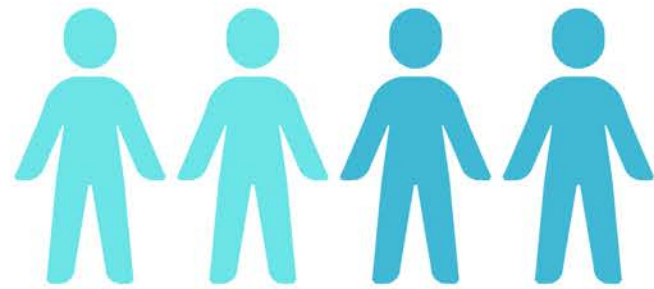


Discharge Surveys (previously the MHSIP in CCW) are being completed by the Program Integrity Team as of June 5. We will share data from those surveys in the future.

# LEVEL OF CARE (LOCATION) AT TIME OF FOLLOW UP

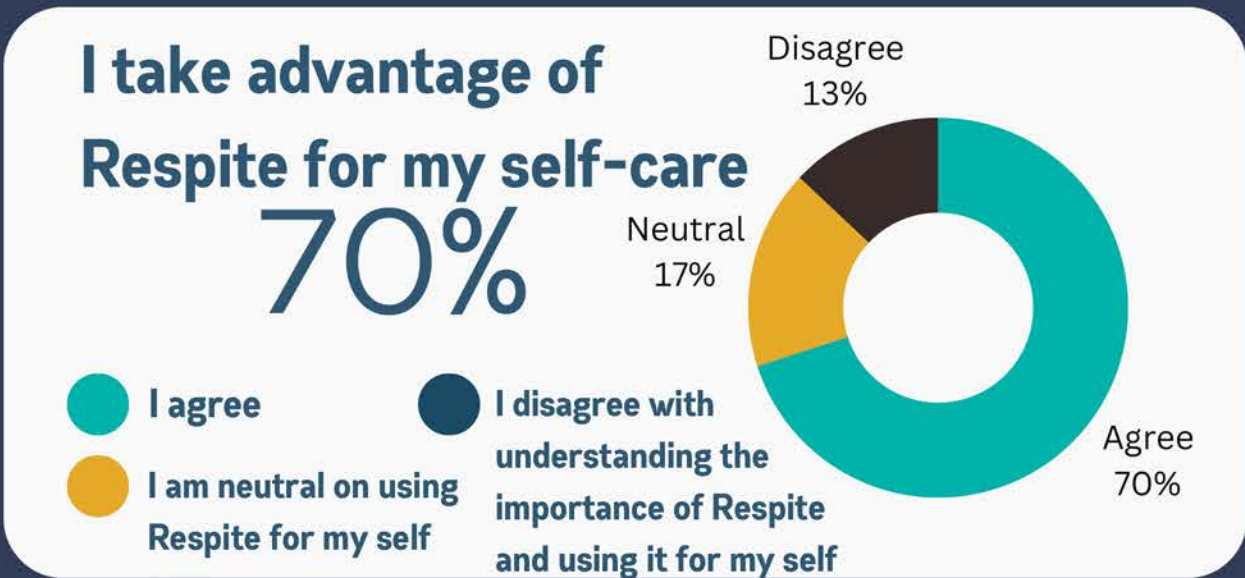
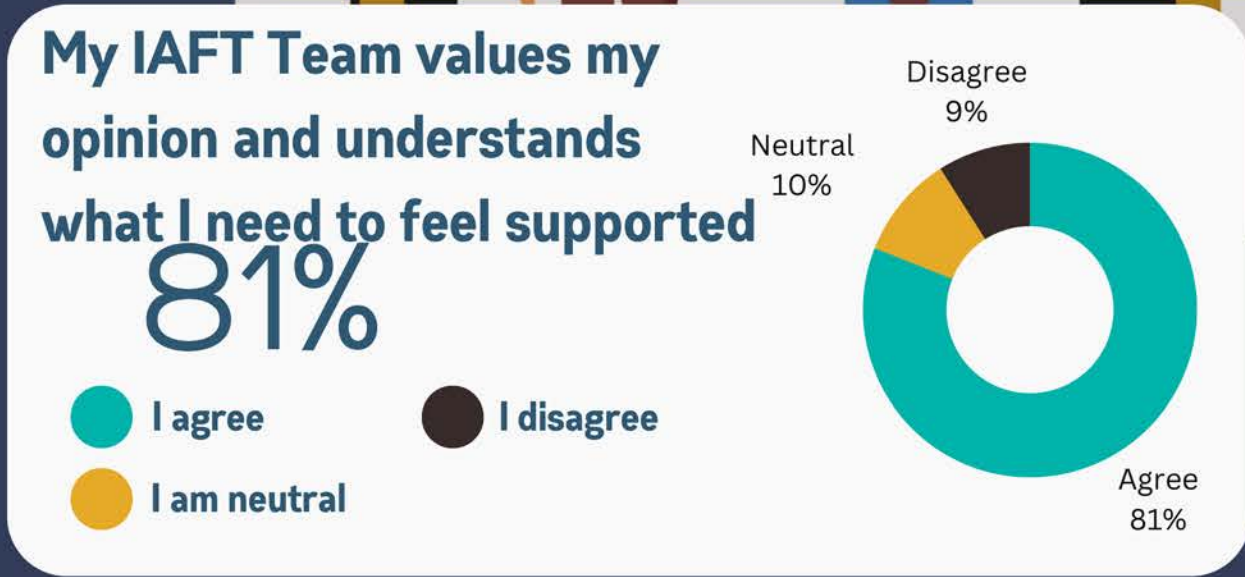
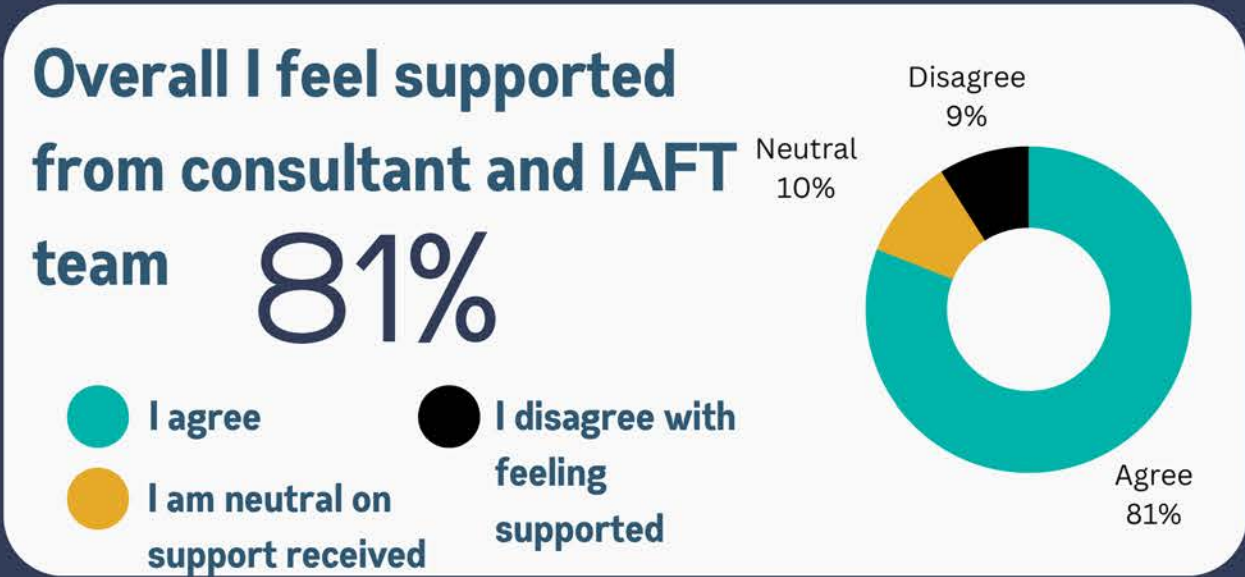


3 months follow up survey results 11 kids were reached for survey results at that time (11) were at a lower level of care in the community (0) were reported to be at higher levels or (0) were unknown locations

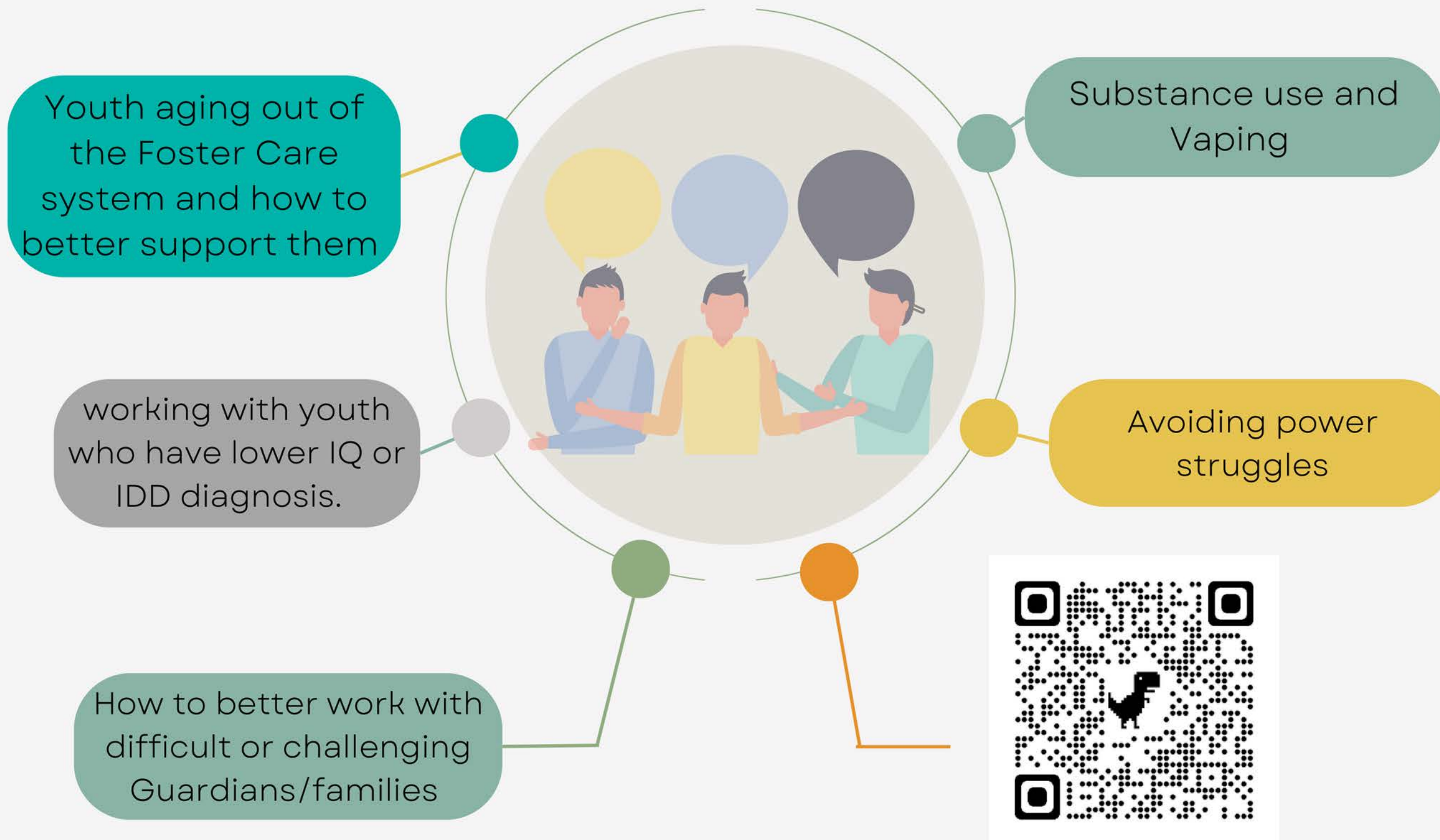


12 months follow up survey results out of 4 kids reached for results: (2) were at higher levels of care (1) was at a lower level of care in the community or (1) was unknown to whereabouts

# IAFT TREATMENT PARENT SURVEY RESULTS



# I would like more training on the following topics



# TARGETING RETENTION, EDUCATION, AND SUPPORT OF IAFT TREATMENT PARENTS

**\*\*REMINDER TO SIGN UP FOR FREE TRAININGS ON THE SITE, PLEASE FORWARD TO YOUR TREATMENT PARENTS (ALL LEVELS)**



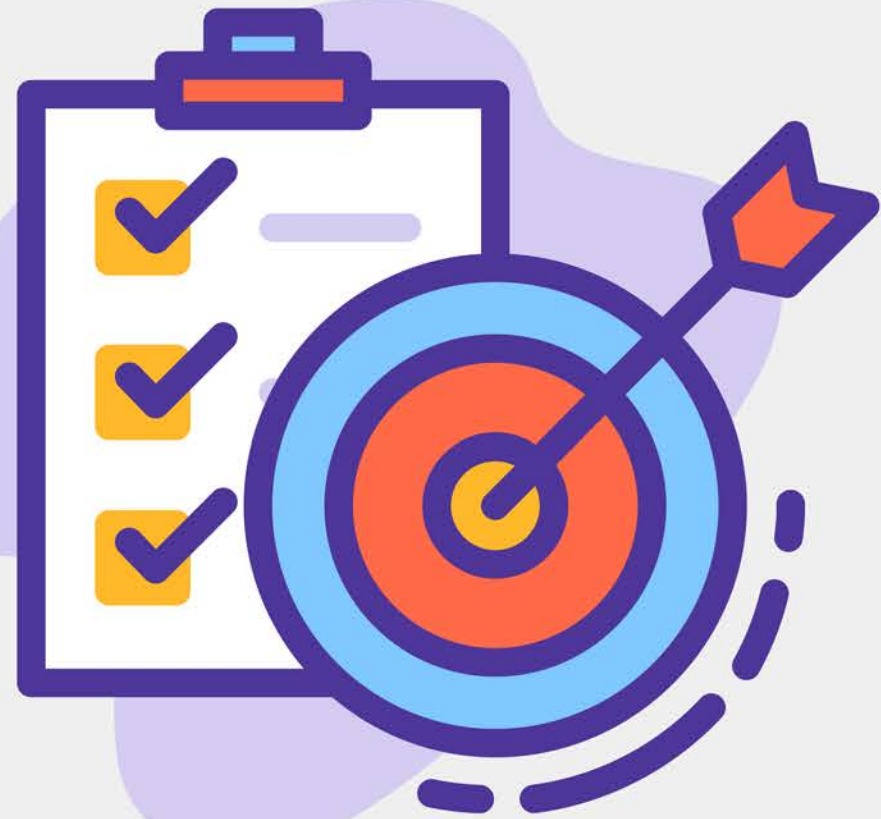
## Foster Parent Training

### Events > Foster Parent Training

< > Today August 2023 ▾

| MON  | TUE      | WED      | THU      | FRI  | SAT      | SUN      |
|--|----------|----------|----------|--|----------|----------|
| <b>31</b><br>2:30 pm - 4:30 pm<br>Effective Tools for Resiliency | <b>1</b> | <b>2</b> | <b>3</b> | <b>4</b><br>9:30 am - 11:30 am<br>Implementing IAFT® with Fidelity | <b>5</b> | <b>6</b> |

# PRTF TO IAFT PILOT



In the past year (13) youth have been admitted to the pilot program

Goal: To reduce the prior disruption rate of 42% (lateral moves and/or unsuccessful discharges) to 25% or lower .

Current Status: For youth in the pilot- disruption rate of 20% has been achieved. + 3 successful step downs





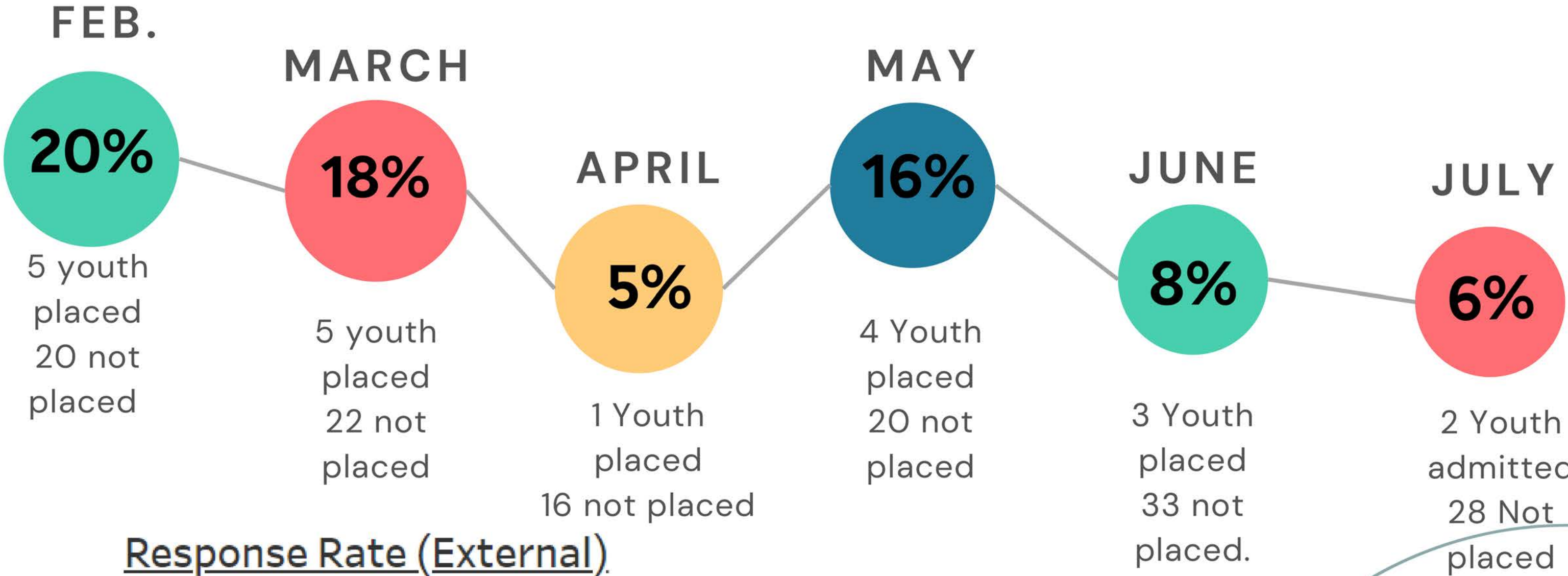
# IAFT REFERRALS & PLACEMENTS

Solution focused discussion on what are the  
barriers?

Trudy Willis

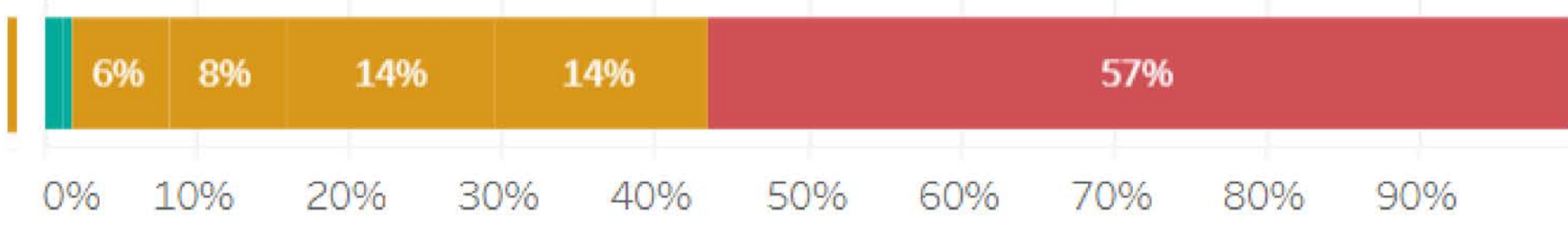


# IAFT REFERRAL ACCEPTANCE-PLACEMENT RATE



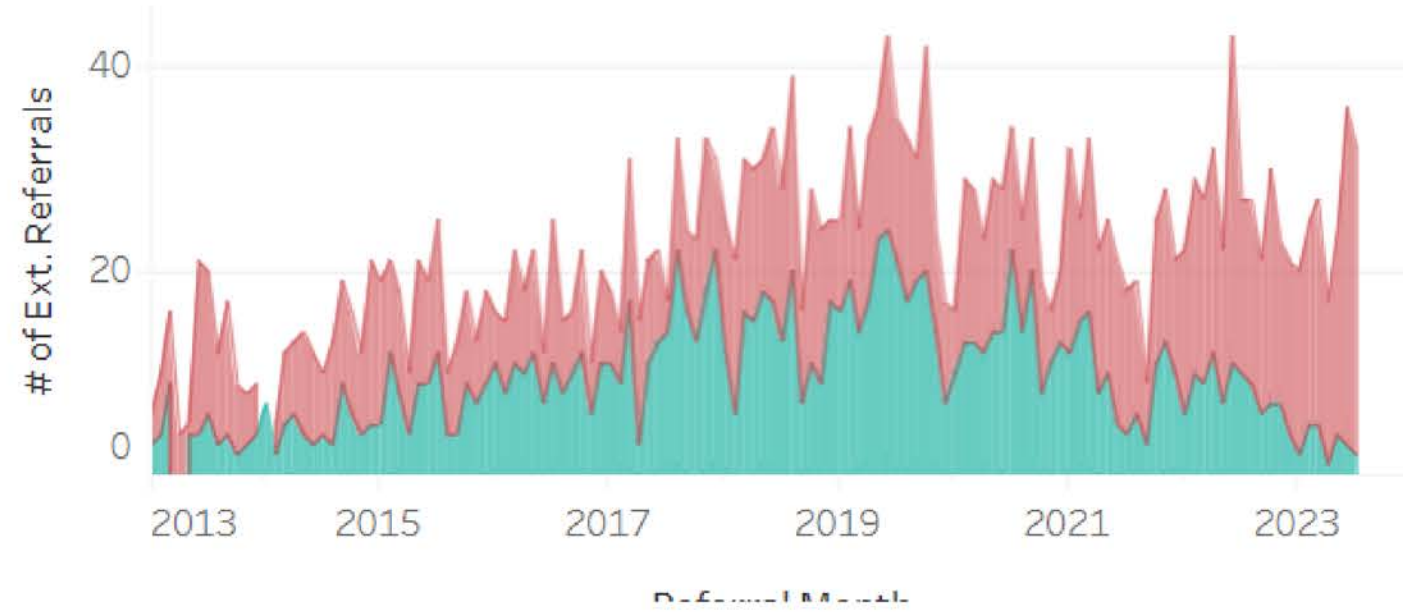
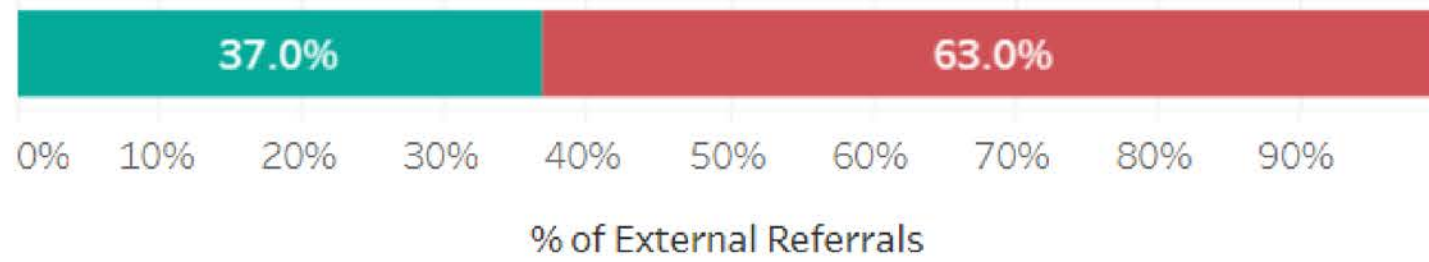
Response Rate (External)

52.2%



### # of External Placements

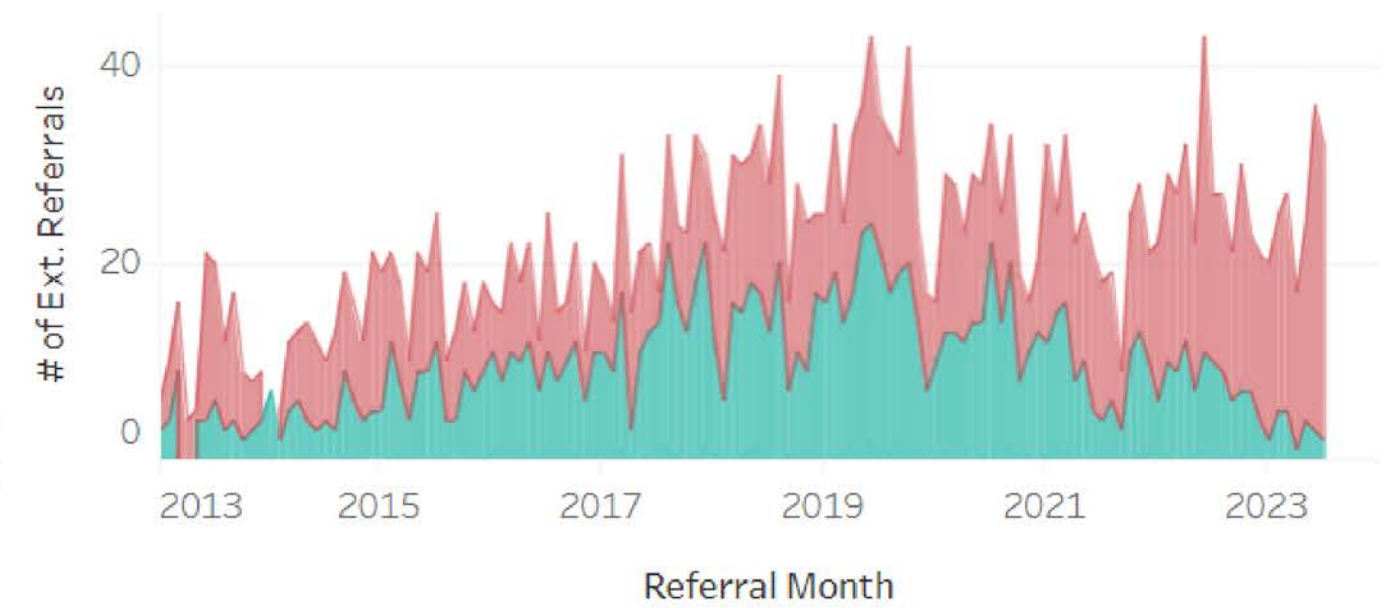
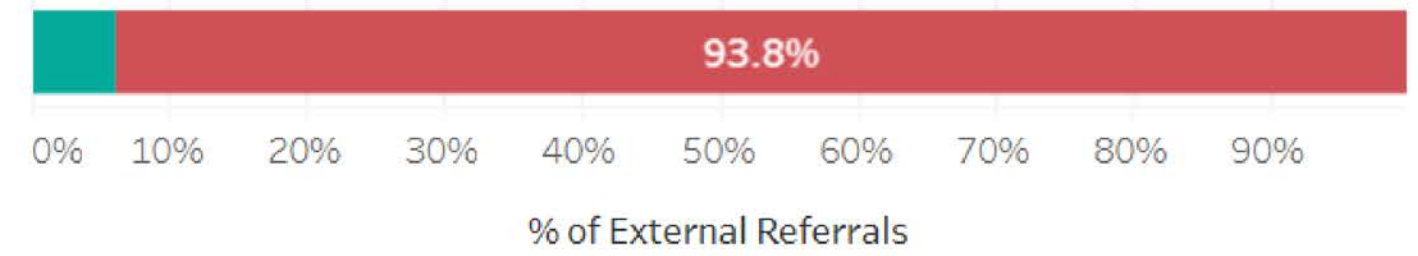
10



**JULY 2022**  
**37% ACCEPTANCE RATE**

### # of External Placements

2



**JULY 2023**  
**6% ACCEPTANCE RATE**

Avg. Time to Placement

**VS**

Avg. Time to Placement

# LET'S TALK ABOUT BARRIERS TO PLACEMENT



 POLL

**THANK YOU**

